APPLICATION FOR NEW COURSE

1. Submitted by College of AG ________________________________ Date 10/15/04
Department/Division offering course FAM ________________________________

2. Proposed designation and Bulletin description of this course
   a. Prefix and Number 740 __________ b. Title* Couple and Sex Therapy
      *NOTE: If the title is longer than 24 characters (including spaces), write
      A sensible title (not exceeding 24 characters) for use on transcripts
   c. Lecture/Discussion hours per week 3 __________ d. Laboratory hours per week
   e. Studio hours per week ________________ e. Credits 3
   g. Course description
      Study and application of established theories and techniques in couple therapy and in sex therapy. Emphasis on
      developing and demonstrating knowledge of skills, issues, and treatment procedures in marriage and family therapy.
   h. Prerequisites (if any)
      Admission to the MFT master’s program or consent of instructor.
   i. May be repeated to a maximum of ____________________________ (if applicable)

4. To be cross-listed as

   Prefix and Number ____________________________ Signature, Chairman, cross-listing department

5. Effective Date Fall 2005 (semester and year)

6. Course to be offered □ Fall □ Spring □ Summer

7. Will the course be offered each year? (Explain if not annually)
   □ Yes □ No

8. Why is this course needed?
   Two existing one-credit seminars are being combined into one course. This will better conform to other Department courses (3
   credit hours), help students better understand and apply the content, and will conform to state licensure requirements.

9. a. By whom will the course be taught? Kay Bradford or other MFT faculty
   b. Are facilities for teaching the course now available? If not, what plans have been made for providing them?
      □ Yes □ No
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10. What enrollment may be reasonably anticipated?  8-12 per semester

11. Will this course serve students in the Department primarily?  
   Will it be of service to a significant number of students outside the Department?  
   If so, explain.  
   ☒ Yes  ☐ No
   ☐ Yes  ☒ No

12. Will the course serve as a University Studies Program course?  
   If yes, under what Area?  
   ☐ Yes  ☒ No

13. Check the category most applicable to this course
   ☒ traditional; offered in corresponding departments elsewhere;
   ☐ relatively new, now being widely established
   ☐ not yet to be found in many (or any) other universities

14. Is this course applicable to the requirements for at least one degree or certificate at the University of Kentucky?  
   ☒ Yes  ☐ No

15. Is this course part of a proposed new program?  
   If yes, which?  
   ☐ Yes  ☒ No

16. Will adding this course change the degree requirements in one or more programs?*  
   If yes, explain the change(s) below:
   This course will be a required course for students in the Marriage and Family Therapy program located in the Family Studies Master's degree. This will replace current courses that students have been taking (i.e., some of the FAM 776 seminars).

17. Attach a list of the major teaching objectives of the proposed course and outline and/or reference list to be used.

18. If the course is a 100-200 level course, please submit evidence (e.g., correspondence) that the Community College System has been consulted.  ☐ Check here if 100-200.

19. If the course is 400G or 500 level, include syllabi or course statement showing differentiation for undergraduate and graduate students in assignments, grading criteria, and grading scales.  ☐ Check here if 400G-500.

Name  Kay Bradford  Phone Extension  7-5454

*NOTE: Approval of this course will constitute approval of the program change unless other program modifications are proposed.
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Signatures of Approval:

[Signature]
Department Chair

[Signature]
Dean of the College

*Undergraduate Council

*University Studies

*Graduate Council

*Academic Council for the Medical Center

*Senate Council (Chair)

*If applicable, as provided by the Rules of the University Senate

Date

Date

Date of Notice to the Faculty

Date

Date

Date

Date of Notice to University Senate

ACTION OTHER THAN APPROVAL

Rev 3/04
FAM 740
Couple and Sex Therapy
3 credit hours
Fall, 2005

Instructor: Kay Bradford, Ph.D.
Office: 319A Funkhouser
Contact: phone: 257-5454
email: kbrad@uky.edu
Hours: Mondays 8:00 am-10:00am and By Appointment

Course Description:
Study and application of established theories and techniques in couple therapy and in sex therapy. Emphasis on developing and demonstrating knowledge of skills, issues, and treatment procedures in marriage and family therapy.

Course Objectives:
- Demonstrate understanding of major theories and techniques of couple therapy.
- Become sensitized to gender issues in couple therapy.
- Provide a didactic review and critique of key research and theory on couple therapy.
- Understand and use assessment and treatment techniques related to a theoretical model.
- Understand physical, psychological, and interactional components of sexual functioning.
- Assess and treat sexual problems among couples seen in therapy.
- Evaluate client response to treatment.
- Present a clinical case study.

Note: This course is part of the COAMFTE-accredited marriage and family therapy curriculum. Non-MFT students must seek instructor permission.

Texts (required):
New York: The Guilford Press.

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Requirements

1. Class Attendance and Punctuality.
Because of the seminar format of this course, perfect attendance is expected and required. If you must miss class, please email me or call my answering machine at least 30 minutes before class (but let me know sooner when possible). Class members with more than one
unexcused absence will not be eligible for the grade of “A” in the course. Probably everyone (myself included) will be late on occasion. But any class member who develops a pattern of being late will not be eligible for the grade of “A.”

2. Annotated Bibliographic Citations
You are to prepare an annotated bibliographic citation for each chapter and article you read. Follow the annotation style below. These are due at the beginning of class on the day the particular reading is scheduled (email or hardcopy). In writing the citation, you should:

- Condense the content of the chapter or article into a paragraph
- Add or integrate critical thought and commentary
- Give each bibliographic citation a grade, based on your personal evaluation.

3. Written Assignments:

1. Weekly Annotated Bibliographies.

2. Model Paper. Choose one of the major models of couple therapy. The model should be one that you find personally compelling, and that you see yourself practicing in the therapy room. Using course readings and additional material to inform and support your arguments, write a paper (approximately 8 pages) that (a) explicates the theoretical roots of the model, (b) explains the related techniques, and (c) provides updates on the latest research on this model. Use APA format.

3. Topic Paper. Choose a clinical issue related to couple therapy. Write a research paper on the etiology, assessment, and treatment of this problem (approximately 10 pages). The topic should be one that you find personally and professionally compelling. Use scholarly sources to support and inform your arguments. Use APA format.

4. Sex Therapy Assignment.

Assess: Conduct an interview assessing sex history and current functioning. Using a standard instrument such as Andrews (2000), determine the client’s history and current problem. Give a DSM IV diagnosis. Sexual Disorders are found on pages 493 – 538. Briefly explain the rationale of the diagnosis.

Treat: Conduct a session in which you treat the disorder or problem revealed in the interview, using techniques covered in the readings. Complete a written report of these sessions. Divide the document into two parts: I. Academic explication of the problem, II. Assessment, and III. Treatment. I would prefer that you complete this assignment with an individual or couple, but you may also fulfill it with a role-play with one of your colleagues.

Write a paper that
I. Briefly explains the etiology, diagnosis, and treatment of the problem you dealt with clinically. Use course readings to support your explanation (about 2 – 2½ pages for this section).

Then write a description of your treatment, including:

II: Your assessment of (a) the process of the assessment, (b) your accuracy and comfort level (c) the salience of the information relative to other therapeutic issues.

III: Your assessment of (a) how well you delivered the treatment, (b) how well the client ‘got it,’ and (c) your forecast of what more might be needed in order for treatment to be complete and successful.

Include Dates, times, & lengths of the sessions, A brief description of the client(s) and the setting (approximately 5 pages).

5. Case Study. During the semester, identify a couple that you are working with to present as a case study. The study will include and written and an oral component.

- Similar to the Model Paper, explicate the model you are using; use content from the case to illustrate the theory and techniques basic to the model. Then, based on the model, give an assessment of the couple, an overview of the treatment plan, and explain some of the treatment techniques you have used, and describe their impact. (approximately 10 pages)
- Present this case study orally to the class.

**Grading Criteria:**

The papers are to be doubled-spaced, follow APA format, and be accompanied by a reference list (this applies to assignments 5 and 6). My general criteria for writing assignments are as follows:

a) Accuracy and thoroughness in writing. Student demonstrates knowledge of the subject matter and discusses issues in sufficient depth.

b) Integration, synthesis and analysis of course material. Student shows critical thinking about the subject matter and appropriately integrates a variety of sources.

c) Clarity, organization, adherence to APA style. Student shows proficient writing skills (grammar, structure, etc.) Appropriate for professional writing.

d) Creativity. Student produces a unique assignment identifying new ideas, viewpoints, or connections through a well styled presentation.

- Please submit assignments on time. I typically take 10% off for each week-day an assignment is late.
Summary of Requirements:

1. Bibliographic Citations ............................................. 100
2. Model Paper ................................................................ 50
3. Topic Paper ................................................................. 50
4. Sex Therapy Assignment .............................................. 50
5. Case Study ..... (70 written + 30 presentation) ........... 100
6. Attendance / Punctuality ................................................ 50

TOTAL: ............................ 400 points

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<th>Percent</th>
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<tbody>
<tr>
<td>92-100</td>
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<td>81-91</td>
<td>B</td>
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<td>70-80</td>
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