



## EXERCISE & THE BRAIN

Are you 60 to 69 yrs old? Would you like to know more about your current fitness level?

**All levels of fitness encouraged.**

You may be eligible to participate in a research study looking at how physical fitness affects the brain!

**To find out if you're eligible, please contact  
the lab of David Powell, Ph.D. and  
Nathan Johnson, Ph.D., at  
859-323-1112**