Suturing Basic for Rodent Wound Closure





Background

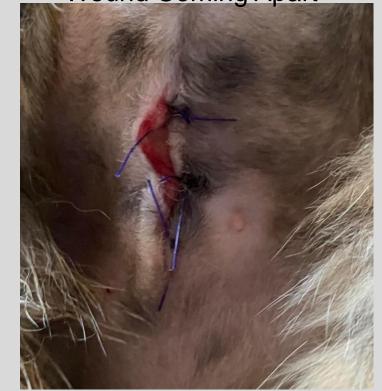


Appropriate wound closure is important to avoid problems:

Infection



Dehiscence
Wound Coming Apart





Background



Important to select the proper sterile suture materials:

* Suture material

* Suture needles

* Suture pattern



Tying Secure Square Knots



Definition of Square Knot:

- * Symmetrical knot
- * Does not slip after tying
- * Made by passing one end of suture over and around another first in one direction, then in the opposite direction

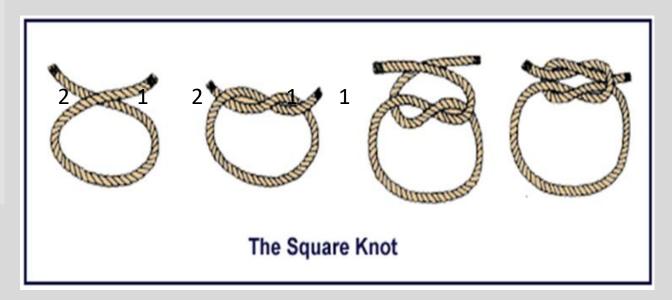


Tying Secure Square Knots

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Illustrations of Square Knots

- A. Left (1) over Right (2)
- B. Loop (1) over (2) pull slack not to tight
- C. Cross (1) back over (2)
- D. Loop (1) over (2) pull Knot taut







Recognition of Non-Secure Knots



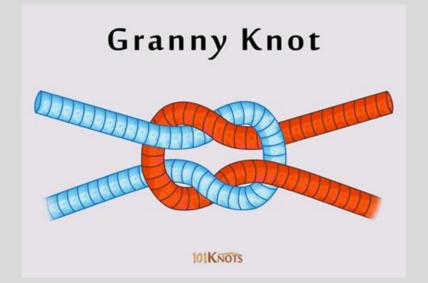
Definition of Non secure Knots:

* Knots that will fail or will not hold tissue together

Asymmetrical knots:

* Granny Knots

* Slip Knots / Half Hitch Knots

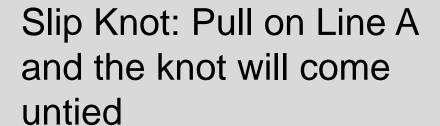


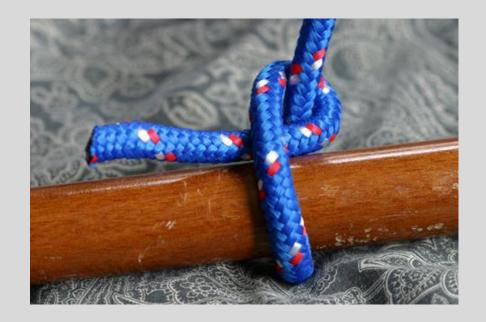


Recognition of Non-Secure Knots

Illustrations of Non secure knots







Half Hitch





Types of Suture Material



Absorbable

Used to tie off vessels and close tissue other than skin

Examples: Vicryl; Dexon; PDS; Maxon

Nonabsorbable

Used to close skin

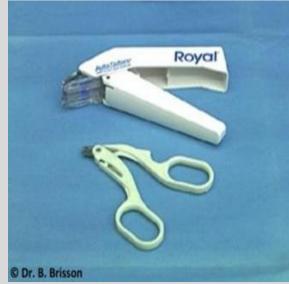
Examples: Prolene; Nylon, Silk



Other Types of Wound Closure Material

Wound Clips / Surgical Staples







Surgical Glue (vetbond; nexaband)





Simple Interrupted

Each suture is placed with a separate piece of material

Advantages:

- * Allows adjustment of tension throughout the suture line
- * Failure of one knot will not affect the incision suture line
- * More Secure

Disadvantages:

- * More time to tie individual knots
- * More Suture Material is often used
- * More foreign material is placed in the incision site



Simple Interrupted









Simple Continuous

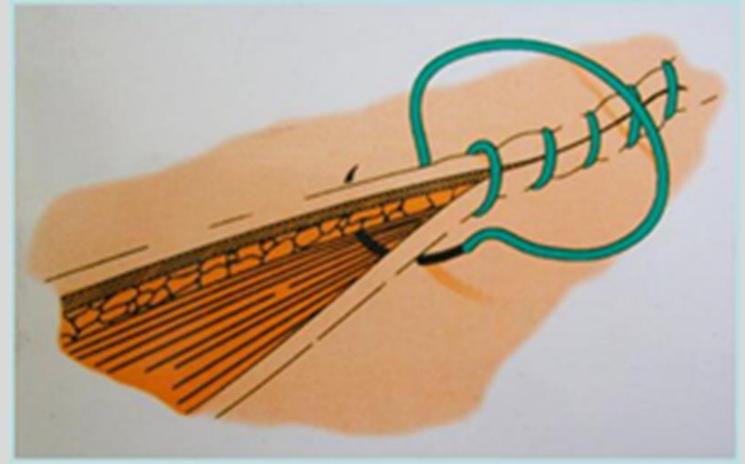
Suture is placed with a continuous, uninterrupted length of material

Advantages

- * Often a quicker pattern to place
- * Less foreign material is placed in the incision site



Simple Continuous









Instrument Knot Tying

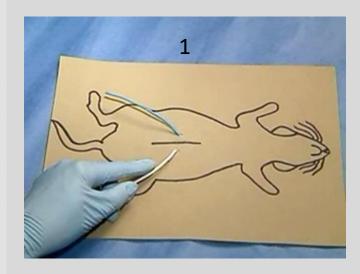
* Practice often until skill and comfort level well established

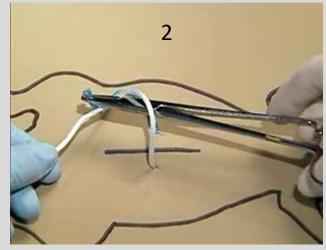
* View videos and obtain individual coaching if needed

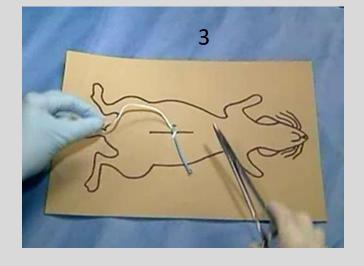
* Use suture practice boards and inanimate objects

* Use deceased rodent carcasses (with hair shaved)

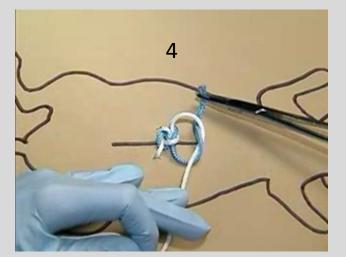
Instrument Knot Tying















Suture Techniques for Good Wound Edge Closure

Equal Bites: The "bite taken (with the needle) on one side of the incision line must be equal to the "bite" taken on the second side

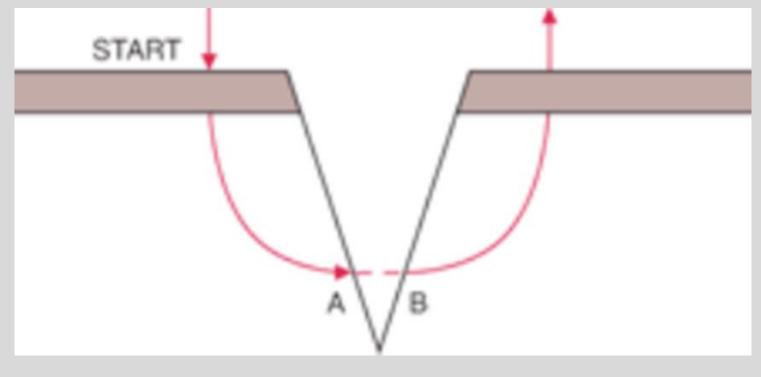
Equal Depths: The depth that the needle passes through the tissue should be equal on both sides



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Suture Techniques for Good Wound Edge Closure

Illustration of good technique







Suture Techniques for Good Wound Edge Closure

Perpendicular: The needle should pass through the tissue perpendicular to the incision to help restore the anatomy correctly

Square Knots: Always use square knots to provide the best holding security





Suture Complications:

Suture line can become undone (dehiscence)

Suture line can become infected

- * Use good aseptic technique to prevent
- * Place, so not irritating animal (for example, not poking a body part or a fold of skin)





Suture Complications:

Suture line can be placed too tight:

- * Wound margins will become moderately swollen
- * Tight sutures strangulate tissue and are painful
- * Animals chew and remove sutures if they are irritating



Suture Removal



Must remove suture or wound clips by 10-14 days after surgery

Time for suture removal can vary (for example, up to 14 days), depending on the surgical site and tissue healing

If incision closure materials are not removed, they become embedded in the skin and will cause irritation and possible infection

Suture Removal



Suture removal steps

- * Clean incision site area with antiseptic, such as hydrogen peroxide to remove dried serum encrusted around the sutures
- * Pick up one end of suture with thumb forceps or thumb and index finger, and cut as close to the skin as possible where the suture enters the skin
- * Gently pull the suture strand out through the side opposite the knot with the forceps
- * To prevent infection risk, remove the suture without pulling any portion that has been outside the skin back through the skin

TO SCHEDULE HANDS ON TRAINING



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